

# **DECORATE THE ROOM, NOT THE CRIB**



A baby's crib is the safest place for your bundle of joy to sleep in. Keep the crib free from clutter, including pillows, bumper pads, stuffed toys, or extra blankets. Remember, the safest position for your baby to sleep is on their back. So keep the crib clear!

***Infant Survival/SIDS Prevention***



**Maternal child  
Health Program**

*in First Nations Communities*