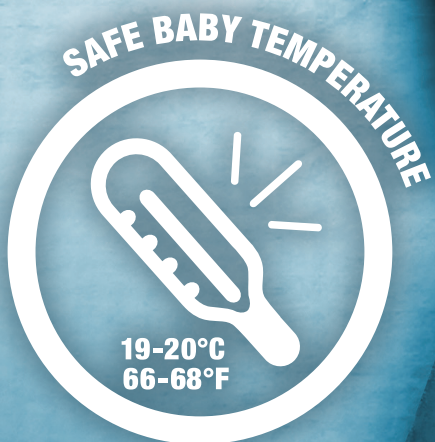


# IT'S COOL TO KEEP BABY COOL!



Ensure your baby's environment is a comfortable temperature, not too hot or cold! Avoid overdressing your baby to the point of sweating, especially if your baby is bundled. Dress your baby as you would dress. So remember to keep it cool!

***Infant Survival/SIDS Prevention***



**Maternal child  
Health Program**

*in First Nations Communities*