







Your baby's environment should be smoke free! This means the entire house. Smoke that lingers in the air is known as 2nd hand smoke. Smoke that clings to your clothes, your fingers, and your breath is known as 3rd hand smoke. Any kind of smoke can harm your baby. So keep the air that your baby breathes smoke free!

Infant Survival/SIDS Prevention



Maternal Child Health Program

in First Nations Communities